



**Product:** Shock Pack Lanyard  
**Part#:** 5456-01-02

**SPECIFICATIONS**  
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| PRODUCT FEATURES          |           |
|---------------------------|-----------|
| Legs                      | 2         |
| Length                    | 4.5' - 6' |
| Hook Type                 | Rebar     |
| Available D-Ring Extender | Yes       |
| Tie Back Capable          | Yes       |

| MATERIAL SPECIFICATIONS |                     |                |
|-------------------------|---------------------|----------------|
| Item                    | Description         | Break Strength |
| Webbing                 | 1" Polyester        | 9,800 LBS      |
| Shock Pack Webbing      | 2" Polyester        | 6,000 LBS      |
| Snap Hooks              | Forged Plated Steel | 5,000 LBS      |
| D-Rings                 | Forged Plated Steel | 5,000 LBS      |

| TECHNICAL SPECIFICATIONS       |                                    |
|--------------------------------|------------------------------------|
| Item Weight                    | 7 LBS                              |
| Worker Weight Limit            | 310 LBS—12' Fall (400 LBS—6' Fall) |
| Max Free Fall                  | 12'                                |
| Max Arrest Force 12' 310 LBS   | 1350 LBS                           |
| Avg Arrest Force 12' 310 LBS   | <900 LBS                           |
| Maximum Elongation 12' 310 LBS | 48"                                |
| Max Arrest Force 6' 400 LBS    | 1350 LBS                           |
| Avg Arrest Force 6' 400 LBS    | <900 LBS                           |
| Maximum Elongation 6' 400 LBS  | 60"                                |
| Compliance References          | OSHA 1910, 1926, ANSI Z359-2009    |
| Testing Reference              | ANSI Z359.13-2009                  |

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